

How to refer to the service:

You can refer yourself or you can be referred by some other person or agency.

If you would like to refer yourself or someone else,

or

talk to someone about how the service may be of benefit **contact us on**

01473 288047

You can write or e-mail us if you prefer at the addresses over leaf.



Age Concern Suffolk Independent Advocacy Service

Head Office

14 Hillview Business Park
Old Ipswich Road
Claydon, Ipswich
Suffolk IP1 3BZ

Service Manager

June Harper
Tel: 01473 288047

Email:

Advocacy.service@ageconcernsuffolk.org.uk



Independent Advocacy Service



For Older People in Suffolk

Independent Advocacy Service

Are you finding it difficult to have your own wishes heard?

Then Age Concern Suffolk Independent Advocacy Service can help.

Who can use the service?

Anyone over 55 years of age and living in Suffolk. This includes older people with Physical and Sensory disabilities, Dementia, Learning Disabilities or Mental health problems.

If you have

Advocacy support needs during periods of disability or ill health

and are

having to make decisions about your life and or your care.

What is Advocacy?

Advocacy is speaking and taking action with someone to ensure they can have their wishes heard, make their own choices and take control over their lives.

Advocacy promotes social inclusion, equality and justice.

How can Advocacy Help?

Advocacy can help by supporting you to:

Speak up and have your wishes heard

Provide information to enable you to make informed choices.

Assist you in meetings with professionals

Write letters on your behalf

Assist people who may be vulnerable to abuse or neglect

Help people with Dementia play a real part in planning their future

The Advocacy Service is:

Free

There is no charge for this service

Short term

Time limited advocacy support to individual older people.

Independent

The advocate works solely on your behalf and the service is independent from statutory services.

Confidential

We will keep your information confidential and inform you of the circumstances under which confidentiality may need to be breached.