

**JOINT HEALTH AND WELLBEING STRATEGY ACTION PLAN
MONITORING REPORT - NOVEMBER 2014**

Outcome Four: People in Suffolk have the opportunity to improve their mental health and wellbeing

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Priority 4.1: Ensure that mental health is everyone's business (and not just health, social care and the voluntary sector but employers, education and the criminal justice system)

AREA OF FOCUS 2014/15	TIMESCALE	PROGRESS	RAG RATING	ISSUES/BARRIERS
Further development and delivery of the five-year Suffolk Mental Health Commissioning Strategy (including response to the signing of the Mental Health Concordat focusing on Crisis)	March 2015	Focus on early intervention/prevention, crisis and rehabilitation/recovery agreed as key themes within the strategy. Suffolk response to the Concordat will be covered within the crisis section. First iteration of strategy to be available for comment in December 2014. Working group re-established to help focus on the delivery of the action plan. Attended Strategic Clinic network meeting in Leicester to understand how other areas are planning their action plans. Responses to the local action plan have	AMBER	Work continuing with all organisations to ensure that everyone recognises that the Concordat (and delivery thereof) is 'everyone's business'. Session planned for early December to bring all parties together to develop the Suffolk Concordat Action Plan.

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		been received and further meeting arranged to agree draft version on 5 th December. Aim to promote action plan at Health & Wellbeing Board (HWBB) in January and use elements to populate headlines within crisis section of strategy.		
Further development of sustainable stakeholder and provider engagement to deliver co-production approaches	Ongoing	Four stakeholder events held in East and West Suffolk to date. Further events planned in the autumn and spring. Looking at funding opportunity to support co-production with National Development Team for Inclusion (NDTi).	GREEN	Challenge to ensure we have a true co-produced strategy that gets the 'buy in' from users.
Further development of the Care Cluster approach to the delivery of mental health care pathways	Ongoing	Work continuing across Norfolk & Suffolk to support the clinical development of Payments by Results with N&SFT.	GREEN	None
Further develop 'Being Well in the Wild' as a countywide programme in order that the true value of the environment to health is increasingly being recognised by many, rather than the few. Over 40 representatives of voluntary and statutory organisations are currently involved from education, health and environmental sectors. We will aim to increase representation in the 'Being Well in the Wild' programme to 50 by the end of 2014 and conduct short briefing sessions with interested parties	Ongoing	A programme of jointly planned activities which acts as a bridge between the nature strategy and public health prevention in mental health and physical activity which is regularly monitored and evaluated. 1) Linked In networking group to 50 participants and post regular comments to keep involvement valuable for stakeholders 2) Awareness raising of the importance nature plays in people's wellbeing is ongoing and has reached several networks (e.g. CAS and VASP).	GREEN	None

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to help make this embryonic programme more mainstream in Suffolk		<p>3) Asset-based partnership work to improve the Leiston's green and blue (open water) assets and the access to these assets.</p> <p>4) Funding has been secured from PHS, (Public Health Suffolk) to develop an ActivHub in Leiston in 2014/15 and to work with the team at Brandon Country Park to develop a model of an exemplar country park which will increase involvement of local residents in opportunities to access green space.</p> <p>5) Working with results of above, engage GPs and SALC to work with 6 parishes to pilot development of 1mile walking routes and associated infrastructure. Pilot outputs could be scaled up across Suffolk.</p> <p>6) Work with parishes to build social capital such that maintenance of walks can be taken forward by the parish</p> <p>7) Develop trail leaflets and other information (sensory etc) to promote these routes, particularly through GP surgeries (may require additional PH investment)</p> <p>8) Possible candidate parishes: Beck Row, Mildenhall, Moulton, Brandon, etc</p> <p>9) Develop a programme of events and</p>		

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		<p>nature & wellbeing walks at Brandon Country Park and a team of well-being volunteer rangers to sustain the activity. Where possible these volunteers will be drawn from those on Employment Support Allowance, Work support group in order to promote physical activity dependant on the ability of the claimant/volunteer.</p> <p>10) Develop investment plan for equipment for the park as an exemplar health & well-being park (sensory trails, outdoor exercise equipment etc) (will require additional PH investment)</p> <p>11) Consider an application to the Get Suffolk Moving Fund, for additional funds to increase the capacity and potential outputs of the project</p> <p>12) Work between PHS and Natural environment staff to develop a scaleable/industrialised toolkit from this project up to help deliver it across Suffolk to help deliver the Suffolk Walking Strategy participation including volunteering and access to green space.</p>		
A roll-out of training in mental health awareness aimed at employers and managers in the County Council will take	Ongoing	Dates have been booked and recruitment for the 48 staff trained as part of ACAS 'train the trainers' workshops has	GREEN	None

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place in October/November 2014 facilitated by ACAS and funded by Public Health England (PHE). A workshop of stakeholders will agree the final format and method for the cascade of the training (single event or train the trainers events), in June 2014.		commenced. This will lead to up to 871 (SCC corporate) managers in Suffolk receiving the training countywide. A direct participant, (non-train the trainer workshop) will focus on Health and Wellbeing at Work to be delivered by ACAS in Nov 2014 for 12 SCC managers.		
Ongoing support for the 'Time for Change Campaign' and work with the staff networks and strategic Equalities Forum to achieve sign-off from the Leader and Chief Executive of the County Council by December 2014	Ongoing	World Mental Health Day is marked by programme of activities internally and externally in October 2014. Mental Health Staff Network with assistance from Public Health organised several awareness raising events (which will include the World Mental Health Day) reaching out to Clapham House in Lowestoft and West Suffolk House in Bury St Edmunds. Events are interactive and have a positive approach to mental health. One of the events and the efforts of the Mental Health staff networks were acknowledged by BBC Look East and BBC Suffolk Radio (Aug 2014).	GREEN	None
Full consideration of recommendations following Her Majesty's Inspectorate of Constabularies (HMIC) thematic inspection in 2014/15 on the treatment of vulnerable people in custody which includes (but is not limited to) those with	Ongoing	Report due spring 2015 Working with Children and Young People Youth offending team to re-tender the current Appropriate Adult services in line with the PACE recommendations. Linking this work with the Liaison and Diversion	GREEN	Ensure that Liaison and Diversion capture all health/Police/social service joint projects.

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mental health		Pilot which will be in operation from 2015 and the Concordat action plan.		
Further development following a review by the College of Policing of training received by the Police on mental health and its application	Ongoing	Constabulary has commenced roll out of mental health awareness training. Further training considerations on-going.	GREEN	None

UPDATE ON ISSUES AND BARRIERS AS REPORTED TO THE HEALTH & WELLBEING BOARD IN JULY 2014

ISSUE/BARRIER	PROGRESS	OUTSTANDING ISSUES
Continued focus on raising the profile of this work at the Health & Wellbeing Board to ensure organisational executive level buy-in	Regular Updates provided to H&WBB.	None
To receive and promote the Suffolk Mental Health and Learning Disabilities Joint Commissioning Strategy when completed in autumn 2014	On track. Suffolk Joint Mental Health and LD Commissioning Group overseeing development of the strategies.	None

Priority 4.2: Increase access to support for improving the emotional health and wellbeing of children, including access to child and adolescent mental health services

AREA OF FOCUS 2014/15	TIMESCALE	PROGRESS	RAG RATING	ISSUES/BARRIERS
Development of Joint CCG and County Council Commissioning Intentions	Ongoing	SCC and CCG Commissioning Intentions discussed through the Suffolk Children's Trust Joint Commissioning Group and Mental Health and LD Joint Commissioning Group.	GREEN	None
Updating of the service specification for emotional wellbeing and mental health services to support looked after children and their carers (CONNECT Service).	OnGgoing	Under development through the Children's Emotional Health and Wellbeing Group (CEWG). Workshop held in June 2014 with commissioners, providers and service users to review the current service model, identify challenges and seek solutions. Key actions agreed and are in progress against milestones	AMBER	Whether the CONNECT Service should provide all round mental health provision for looked after children or specialist mental health relating to attachment difficulties, trauma and other mental health issues be seen in generic mental health service for children and young people. Capacity within the services across all of the county to meet demand, especially because of the needs of increasing numbers of children placed under Special Guardianship orders, in which the carers tend to need more support as well. Looked after children being placed in Suffolk requiring mental health interventions – responsible commissioner arrangements. In county provision for looked after children

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				with complex mental health / emotional / behavioural needs.
Ongoing recruitment into newly funded Primary Mental Health Workers (PMHW's) and service re-design (Resilience Hub) to improve access and outcomes	Ongoing	New PMHW'S recruited to. Implementation underway to clarify numbers, function, pathway access and geographic location.	GREEN	None
Maintain the strategic service transformation agenda of Increasing Access to Psychological Therapies (IAPT), specifically looking at young people's engagement, outcomes measures, integrated pathway and workforce development	Ongoing	Continued focus on IAPT through the Children's Emotional Health and Wellbeing Group (CEWG). Correlation with this development and CYPS "Making Every Intervention Count" identified. Refocusing the remit of the Steering Group as a result and working with Public Health to scope the work streams and project management support. Also working with public health to ensure robust evaluation of associated initiatives.	AMBER	Capacity to co-ordinate what is a wide ranging and far reaching, long term transformation.

UPDATE ON ISSUES AND BARRIERS AS REPORTED TO THE HEALTH & WELLBEING BOARD IN JULY 2014

ISSUE/BARRIER	PROGRESS	OUTSTANDING ISSUES
The Board is asked to promote the development of commissioning intentions across NHS and local government partners	Taken through Suffolk Mental Health and LD Joint Commissioning Group.	None

Priority 4.3: Ensure that there is a seamless mental health provision across agencies but also for those with multiple problems (drug and alcohol misuse, and mental ill health)

AREA OF FOCUS 2014/15	TIMESCALE	PROGRESS	RAG RATING	ISSUES/BARRIERS
Establish agreed pathways of access to therapeutic assessment and interventions between mental health services and children's safeguarding services to facilitate adherence with good practice guidelines for care proceedings and optimise outcomes	Ongoing	Service development within substance misuse services includes a priority objective around co-existing mental health problems.	AMBER	None
Develop a service user engagement strategy in partnership. Focus on the positive impact on co-production and make certain we have a clear offer for mental health service users across Suffolk	Ongoing	Development of the 'Thurston Group'- agreeing purpose and terms of reference. Agreeing linkages to a wider group of service users, particularly using the role of Suffolk Users Group (SUF) and Health watch. Progressing with the knowledge base around the best way to engage, focusing on the culture of engagement currently. Using the Thurston Principles to establish a way forward. Working with the YP Health Ambassador, service providers and YP forums to develop a coordinated system for ongoing engagement with yp and parents / carers in relation to children	AMBER	Challenge to try and reach the many partner and user groups.

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		and young people's mental health needs. YP event being planned for the New Year to engage with YP infrastructure groups.		
Deliver Mental Health Pooled fund report to include future commissioning intentions on supported housing pathway, focusing on support for admission prevention services. Deliver supported housing commissioning plan to outline future investment and strategy	Ongoing	Proposal for supported housing developed. Broader options for all services contained within the Mental Health Pooled Fund to be worked up. Provider led discussions regarding future direction to include emphasis on progression and targeted intervention. Wider Pooled fund report under development will suggest greater integration of VCS delivery and focus on more formal recognition of partnership working across Mental Health Wellbeing services.	AMBER	Quantifying current delivery, shifting focus from crisis to prevention. Allowing voluntary and Community partners to take greater responsibility in promoting wellbeing.

UPDATE ON ISSUES AND BARRIERS AS REPORTED TO THE HEALTH & WELLBEING BOARD IN JULY 2014

ISSUE/BARRIER	PROGRESS	OUTSTANDING ISSUES
The Board is asked to promote the importance of the principle of service user engagement and co-production of projects and strategy	Principle of co-production and effective user engagement championed through the Suffolk Mental Health and LD Joint Commissioning Group. First set of conversations captured by co-written report commissioner/service user which was well received. First supported housing conference in April was opened by service user and discussions were modelled on the "Thurston principles".	Need for established pathway for service users to demonstrate how the Mental Health engagement system fits together. To reduce the need to repeat suggestions to commissioners.

Priority 4.4: Bringing together all elements of physical and mental wellbeing in recognition that physical and mental health are inter-dependent

AREA OF FOCUS 2014/15	TIMESCALE	PROGRESS	RAG RATING	ISSUES/BARRIERS
Development of integrated perinatal and post-natal mental health care pathways across local acute providers and mental health providers	March 2015	NHSE sponsored 'Sustain' pilot underway in Ipswich due to finish in November 2014. Findings of pilot to be implemented by organisations. Pilot service in Waveney between Norfolk and Suffolk Foundation trust and SCC Children's services to support and deliver therapeutic interventions to women with complex mental health problems at ante and post natal stage. Positive outcomes demonstrated to date include prevention of babies being taken into care, women experiencing improvement in mental health and able to parent successfully.	GREEN	Sustainability of service – system cost savings are demonstrable, but how this can be pulled out of budgets where overall savings need to be made remains a challenge.
Explore options regarding the joint commissioning of key mental health services, such as Well Being and IAPT and Learning disability services, through the Suffolk-wide Health and Care Review	Ongoing	Service specifications under development and under review by Health and Care.	GREEN	None
Walk this Way Suffolk - Walking campaign linked to workplace challenge and including those not currently in employment to incentivise walking as activity	Ongoing	The walking campaign was promoted at VASP meetings with the acknowledgement that those with mental health difficulties in many cases, lack physical activity.	GREEN	None

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Cycle Suffolk Challenge being planned to coincide with National Cycle Week in June 2014. Launch of Suffolk Cycle Strategy June 2014 and formation of Cycle Champions Group in May 2014 to promote cycling benefits county-wide		We highlighted the importance of physical activity by promoting the walking and cycling challenges at VASP meetings and encouraged practitioners to help their clients to be more active and spend more time in green environment when possible (in alignment with the Being Well in the Wild initiative).	GREEN	None
Evaluation of the psychiatric liaison posts being piloted in West Suffolk and Ipswich Hospital	December 2014	Initial evaluations received from Ipswich and West Suffolk Hospitals and Norfolk and Suffolk Foundation Trust. CCG'S and NHS Trusts will make a final recommendation by the end of Q3.	GREEN	
Explore closer relationship between mental health provision for children and adults and engage the Moving into Adulthood team to understand the transition in health and social care	Ongoing	Attend first working group meeting to explore crossover between CYP and Adult mental health services.	AMBER	Need to focus on more than the transition and understand where issues with families could be resolved in a holistic way.

ISSUE/BARRIER	PROGRESS	OUTSTANDING ISSUES
The Board is asked to promote the planned initiatives above at every opportunity designed to maximise the mental health and wellbeing of the Suffolk population	Regular Updates provided to H&WBB.	None