

**JOINT HEALTH AND WELLBEING STRATEGY ACTION PLAN
MONITORING REPORT – MARCH 2015**

Outcome Four: People in Suffolk have the opportunity to improve their mental health and wellbeing

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Board Link Member: Dr. Michael Bamford, Babergh and Mid Suffolk District Councils**

Priority 4.1: Ensure that mental health is everyone's business (and not just health, social care and the voluntary sector but employers, education and the criminal justice system)

AREA OF FOCUS 2014/15	TIMESCALE	PROGRESS	RAG RATING	ISSUES/BARRIERS
Further development and delivery of the five-year Suffolk Mental Health Commissioning Strategy (including response to the signing of the Mental Health Concordat focusing on Crisis)		<p>First Draft now complete. This will now be circulated to wider stakeholder group (including the Health & Wellbeing Board members) for review and comment.</p> <p>All comments by 31 May 2015 to: alison.leather@ipswichandeastsuffolkccg.nhs.uk</p> <p>Final version to be brought to Health & Wellbeing Board in July for approval/sign-off.</p> <p>Mental Health Crisis Concordat: Action Plan final version attached (Appendix 5) for approval. Next steps: upload onto national website by March 31st 2015. Implementation has commenced and will be monitored through Mental Health JCG.</p>	G	None

AREA OF FOCUS 2014/15	TIMESCALE	PROGRESS	RAG RATING	ISSUES/BARRIERS
Further development of sustainable stakeholder and provider engagement to deliver co-production approaches		Co-production events have continued led by CCG and Suffolk County Council (SCC) Commissioners. This will be formally handed over to respective Engagement leads within both SCC and CCG's. NDTi Co-production Learning Sets continue attended by representatives from SCC, SCCG's & SUF. Report due July 2015.	G	None
Further development of the Care Cluster approach to the delivery of mental health care pathways		Work continues to develop care clusters and care pathways. Currently focussing on Clusters 18-21. Led by Norfolk & Suffolk Foundation Trust (NSFT).	G	None
Further develop 'Being Well in the Wild' as a countywide programme in order that the true value of the environment to health is increasingly being recognised by many, rather than the few. Over 40 representatives of voluntary and statutory organisations are currently involved from education, health and environmental sectors. We will aim to increase representation in the 'Being Well in the Wild' programme to 50 by the end of 2014 and conduct short briefing sessions with interested parties to help make this embryonic programme more mainstream in Suffolk		In April 2015 a new Project manager will commence in post at Brandon Country Park to undertake an 18 month role to take forward the 'Being Well in the Brecks' project. A steering group has been set up to monitor the project which has been commissioned by Public health Suffolk in partnership with the SCC Conservation team. The objectives for this project link with the Suffolk Walking Strategy which has been produced in partnership with a range of stakeholders and is currently out for consultation. The project also links with 'Being Well in the Wild', a county wide programme to encourage more people to gain benefit from nature and the natural environment. Please see November 2014 monitoring report for full details of work done to date.	G	None
A roll-out of training in mental health awareness aimed at employers and		Supported by PHE (Public Health England) Public Health commissioned ACAS to assist in the	G	None

AREA OF FOCUS 2014/15	TIMESCALE	PROGRESS	RAG RATING	ISSUES/BARRIERS
managers in Suffolk County Council will take place in October/November 2014 facilitated by ACAS and funded by Public Health England (PHE). A workshop of stakeholders will agree the final format and method for the cascade of the training (single event or train the trainers events), in June 2014.		development of a county-wide training programme for all SCC managers to develop positive mental health in the workplace. A team of 24 trainers has been trained on a 'Train the Trainer' basis and are now delivering the training to managers in SCC. The programme has high level strategic support and all members of the Corporate Management Team at SCC will complete the training.		
Ongoing support for the 'Time for Change Campaign' and work with the staff networks and strategic Equalities Forum to achieve sign-off from the Leader and Chief Executive of the County Council by December 2014		On February 6 th 2015 a full programme of workplace based events, including mindfulness and other programmes to engage staff to talk about mental health, was organised. A full account of feedback and evaluation material is available on request.	G	
Full consideration of recommendations following Her Majesty's Inspectorate of Constabularies (HMIC) thematic inspection in 2014/15 on the treatment of vulnerable people in custody which includes (but is not limited to) those with mental health		Close to publishing tender for Appropriate Adults contract. Joint commissioning between SCC and Suffolk Constabulary. Delivered provider engagement morning at Martlesham Headquarters with a number of linked services including Liaison and Diversion project. Liaison Diversion project progressing recruitment commenced February 2015. Initial response very good.	G	
Further development following a review by the College of Policing of training received by the Police on mental health and its application		No update available.		

UPDATE ON ISSUES AND BARRIERS AS REPORTED TO THE HEALTH & WELLBEING BOARD IN JULY 2014

ISSUE/BARRIER	PROGRESS	OUTSTANDING ISSUES
Continued focus on raising the profile of this work at the Health & Wellbeing Board to ensure organisational executive level buy-in	Draft Strategy on agenda profile and awareness raising continues.	None
To receive and promote the Suffolk Mental Health and Learning Disabilities Joint Commissioning Strategy when completed in autumn 2014	Draft Strategy on agenda.	None

Priority 4.2: Increase access to support for improving the emotional health and wellbeing of children, including access to child and adolescent mental health services

AREA OF FOCUS 2014/15	TIMESCALE	PROGRESS	RAG RATING	ISSUES/BARRIERS
Development of Joint CCG and County Council Commissioning Intentions	Ongoing	Commissioning and service development continues collaboratively between SCC and CCGs, reporting through the Children's Emotional Wellbeing Group and the Children's Trust Joint Commissioning Group.	G	Would benefit from contractual alignment and overarching model of joint approach to commissioning this is being developed.
Updating of the service specification for emotional wellbeing and mental health services to support looked after children and their carers (CONNECT Service).	Ongoing	The specification will be reviewed jointly between SCC Children & Young People's Services (CYPS) and CCGs for 2015/16. SCC CYPS in partnership with providers have been successful in a bid to develop an in-county provision. This will contribute to meeting the needs of Looked After Children requiring residential care that includes mental health interventions.	A	Capacity within the services across the entire county to meet demand, especially because of the needs of increasing numbers of children placed under Special Guardianship orders, in which the carers tend to need more support as well. Looked After Children being placed in Suffolk requiring mental health interventions – responsible commissioner arrangements. In-county provision for Looked After Children with complex mental health / emotional / behavioural needs.

AREA OF FOCUS 2014/15	TIMESCALE	PROGRESS	RAG RATING	ISSUES/BARRIERS
Ongoing recruitment into newly funded Primary Mental Health Workers (PMHW's) and service re-design (Resilience Hub) to improve access and outcomes	Ongoing	Service now established across East and West Suffolk and in alignment with that provided in Waveney. Framework for evaluation of effectiveness in development which will build on the agreed performance metrics.	G	Ensuring all stakeholders are aware of how to access the service – communication cascade is in place.
Maintain the strategic service transformation agenda of Increasing Access to Psychological Therapies (IAPT), specifically looking at young people's engagement, outcomes measures, integrated pathway and workforce development	Ongoing	Collaboration between providers and commissioners continues. The need for dedicated project support has been acknowledged and an outline project scope drafted for agreement at the February Children's Emotional Wellbeing Group. CYP IAPT principles being considered in the development of wellbeing services led by the CCGs.	A	Capacity to co-ordinate what is a wide ranging and far reaching, long term transformation.

UPDATE ON ISSUES AND BARRIERS AS REPORTED TO THE HEALTH & WELLBEING BOARD IN JULY 2014

ISSUE/BARRIER	PROGRESS	OUTSTANDING ISSUES
The Board is asked to promote the development of commissioning intentions across NHS and local government partners		

Priority 4.3: Ensure that there is a seamless mental health provision across agencies but also for those with multiple problems (drug and alcohol misuse, and mental ill health)

AREA OF FOCUS 2014/15	TIMESCALE	PROGRESS	RAG RATING	ISSUES/BARRIERS
Establish agreed pathways of access to therapeutic assessment and interventions between mental health services and children's safeguarding services to facilitate adherence with good practice guidelines for care proceedings and optimise outcomes	Ongoing	Key elements of service development in progress, e.g. crisis response project for young people requiring urgent mental health support and interventions – to include joint assessment with safeguarding / children's social care. Also, work between Ipswich Hospital, safeguarding and mental health provider services to establish protocol for managing children and young people presenting with mental health needs at A&E.	G	None
Develop a service user engagement strategy in partnership. Focus on the positive impact on co-production and make certain we have a clear offer for mental health service users across Suffolk		Working with a group of young people, identified through various YP Forums, to develop a sustainable process of including YP representatives in service review, development and commissioning. Development meeting planned for end of February. New YPHA in post. Discussions with Suffolk User Forum have begun to scope their offer. Work commenced on the wider strategy that	G	None

AREA OF FOCUS 2014/15	TIMESCALE	PROGRESS	RAG RATING	ISSUES/BARRIERS
		will impact on a separate user engagement strategy. SCC and CCG's engaged.		
Deliver Mental Health Pooled fund report to include future commissioning intentions on supported housing pathway, focusing on support for admission prevention services. Deliver supported housing commissioning plan to outline future investment and strategy		Designing new role to support the work of the pooled fund (Pooled Fund Coordinator). CCG and SCC continue to develop funding application for further alternative to admission beds. Finalising conditional extension with supporting housing providers alongside the Housing Review Five recommendations. CYP Housing workshop planned March 2015.	G	None

UPDATE ON ISSUES AND BARRIERS AS REPORTED TO THE HEALTH & WELLBEING BOARD IN JULY 2014

ISSUE/BARRIER	PROGRESS	OUTSTANDING ISSUES
The Board is asked to promote the importance of the principle of service user engagement and co-production of projects and strategy	Co-production and engagement continues.	None

Priority 4.4: Bringing together all elements of physical and mental wellbeing in recognition that physical and mental health are inter-dependent

AREA OF FOCUS 2014/15	TIMESCALE	PROGRESS	RAG RATING	ISSUES/BARRIERS
Development of integrated perinatal and post-natal mental health care pathways across local acute providers and mental health providers		Initial findings of pilot in Waveney to provide perinatal infant mental health service demonstrate it is effective in reducing the need for care proceedings / child protection in some cases and more robust assessment in others thereby ensuring appropriate interventions in place. Pilot will continue in 2015/16 Regional launch event Friday 27 th Feb attended by Ipswich & East Suffolk CCG	G	Resource to enable roll out of service across the rest of Suffolk.
Explore options regarding the joint commissioning of key mental health services, such as Well Being and IAPT and Learning disability services, through the Suffolk-wide Health and Care Review	On going	Re-procurement of CCG commissioned wellbeing service and Public Health commissioned lifestyle services have identified areas of alignment and need for clear referral pathways between the services to optimise efficiency and holistic approach. Work continues to agree and develop service model. Market Engagement commenced. Led by Ipswich & East Suffolk CCG.	G	None
Walk this Way Suffolk - Walking campaign linked to workplace challenge and including those not currently in employment to incentivise walking as activity		Walking Strategy for Suffolk issued for consultation early March 2015 as part of the Health & Wellbeing Board action plan in Objective 2. This Walking Strategy has been produced in partnership with a range of	G	None

AREA OF FOCUS 2014/15	TIMESCALE	PROGRESS	RAG RATING	ISSUES/BARRIERS
		stakeholders in Suffolk and is will support walking as an important part of daily activity. The 'Walk this Way' walking campaign was supported by Live Well Suffolk and there will be further discussions within Public Health if this will be repeated in 2015. Hope to launch the Walking Strategy Suffolk-wide in June 2015.		
Cycle Suffolk Challenge being planned to coincide with National Cycle Week in June 2014. Launch of Suffolk Cycle Strategy June 2014 and formation of Cycle Champions Group in May 2014 to promote cycling benefits county-wide		Suffolk will be launching 2015 as a Year of Cycling with activities and launch event planned in early March. This is supported by the Suffolk Cycling Strategy released in 2014 and also the Cycling Strategy group in SCC which links to Suffolk as the Most Active County.	G	None
Evaluation of the psychiatric liaison posts being piloted in West Suffolk and Ipswich Hospital		Evaluation completed. Ongoing discussions regarding funding with provider and CCGs. Qualitative and quantitative benefits identified. Evaluation reports IESCC available on request.	G	None
Explore closer relationship between mental health provision for children and adults and engage the Moving into Adulthood team to understand the transition in health and social care		Transition protocols being developed for 2015/16.	G	None

ISSUE/BARRIER	PROGRESS	OUTSTANDING ISSUES
The Board is asked to promote the planned initiatives above at every opportunity designed to maximise the mental health and wellbeing of the Suffolk population	Crisis concordat has highlighted areas where there could be synergies in the pathways. Primary Mental Health care service implementation team has had both CYP and ACS representation. This has led to greater join up.	None

