

## **Suffolk Health and Wellbeing Board**

*A committee of Suffolk County Council*

**Minutes** of the meeting of the **Suffolk Health and Wellbeing Board** held on 28 January 2016 at 9:30 am in the Elisabeth Room, Endeavour House, Ipswich

Present:

Suffolk County Council (SCC):	Councillor Alan Murray ( <b>Chairman</b> ) Councillor Tony Goldson, Cabinet Member for Health Councillor Beccy Hopfensperger, Cabinet Member for Adult Care Councillor Gordon Jones, Cabinet Member for Children's Services Tessa Lindfield, Director of Public Health Sue Cook, Director for Children and Young People's Services Deborah Cadman, Chief Executive Dr John Stammers, CCG Chairman
NHS Great Yarmouth and Waveney Clinical Commissioning Group (CCG)	
NHS Great Yarmouth and Waveney Clinical Commissioning Group (CCG)	Andy Evans, Chief Executive
NHS West Suffolk Clinical Commissioning Groups (CCG)	Dr Christopher Browning, CCG Chairman
NHS Ipswich and East Suffolk Clinical Commissioning Group (CCG)	Dr Mark Shenton
NHS West Suffolk and Ipswich and East Suffolk Clinical Commissioning Groups (CCGs)	Julian Herbert, Chief Officer
NHS England (East Anglia Area)	Carole Theobald
Ipswich Borough Council	Councillor Neil MacDonald
Suffolk Coastal District Council and Waveney District Council	Councillor Steve Gallant
Babergh and Mid Suffolk District Councils	Councillor Nick Ridley
Forest Heath District and St Edmundsbury Borough Councils	Councillor Robin Millar
Healthwatch Suffolk	Andy Yacoub
Police and Crime Commissioner	Tim Passmore
Assistant Chief Constable	Rachel Kearton
Suffolk's Voluntary and Community Sector Congress	Nicola Bradford

*The Chairman welcomed the following people who were attending their first Board meeting as full or substitute members: Nicola Bradford, Assistant Chief Constable Rachel Kearton; and Andy Yacoub.*

*He also welcomed representatives of 'providers', guests and observers as follows:*

*Dr Jane Day, Head of Health Studies, University Campus Suffolk*

*Dr Stephen Dunn, Chief Executive, West Suffolk Hospital Trust*

*Emma Hardwick, Head of Midwifery and Clinical Services, Ipswich Hospital Trust*

*Alison Armstrong, Director of Operations, Norfolk and Suffolk NHS Foundation Trust*

*Carl Coughlin, Service User*

*Tabitha Jay, Deputy Director of Social Policy and Finance, Department of Health*

*Councillor Michael Ladd, Chairman of the Health Scrutiny Committee*

*Cathy Morgan, Deputy Director, Performance, Partnership and Accountability, Public Health England*

*Mike Evans, Strategic Director – People, Babergh and Mid Suffolk District Councils*

*John Lewis, Assistant Director, Adult and Community Services*

*The Chairman congratulated partners on winning regional awards in the NHS East of England Leadership Awards 2015. West Suffolk CCG had been recognised for its Outstanding Collaboration of the Year in the creation and development of the West Suffolk Care Home Model working with West Suffolk Hospital, St Nicholas Hospice, GP practices and care homes. It had also recognised as NHS Innovator of the Year for its new Hip and Knee Service. The West Suffolk Hospital Board had been judged Board of the Year at the same awards ceremony.*

*The Board noted that Suffolk County Council had been shortlisted in four categories for the Local Government Chronicle Awards. Two of the categories related directly to the work of the Board: Effective Health and Wellbeing Board; and Health and Social Care.*

*The Board recorded its thanks to Kate Gill, substitute member of the Board, who had recently retired from her post as Director of Operations, Great Yarmouth and Waveney CCG.*

#### **40. Public Participation Session**

There were no applications to speak in the Public Participation Session.

#### **41. Apologies for Absence and Substitutions**

Apologies for absence were received from: Charlie Adan; Anna McCreadie; Tony Rollo (substituted by Andy Jacoub); and Gareth Wilson (substituted by Rachel Kearton).

#### **42. Declarations of Interest and Dispensations**

There were no declarations of interest or dispensations from Board members, but in relation to Agenda Item 7, Implementation Plan for Suffolk Joint Learning Disability Strategy 2015, Stephen Dunn stated that he was a Trustee of Bright Stars, a charity supporting people with learning disabilities.

#### **43. Minutes of the Previous Meeting**

The minutes of the meeting held on 19 November 2015 were confirmed as a correct record and signed by the Chairman.

44. **Joint Health and Wellbeing Strategy Refresh 2016 - 2019**

- a) Tessa Lindfield presented a report at Agenda Item 5, setting out a proposed update of the Joint Health and Wellbeing Strategy (JHWS). She confirmed that an Equalities Impact Assessment screening form had been submitted in relation to the Strategy refresh.
- b) In the ensuing discussion, the following were among the points noted:
- It was agreed that all parts of the system needed to work together to implement the JHWS. Members stressed the importance of measuring outcomes in order to gauge the progress being made. They noted that refreshed action plans and outcome measures would be brought to the Board for consideration at its next meeting.
  - Suffolk's Chief Officers Leadership Team (SCOLT) was responsible for allocating money from the Transformation Challenge Award, and almost all of the allocations made contributed to the work of the JHWS, as the Joint Strategic Needs Assessment informed all allocation decisions made by SCOLT.
  - The Board recognised that refreshing the JHWS was a significant piece of work. Members thanked all who had been involved, particularly the Director of Public Health and her team.

**Decision:** The Board agreed:

- (i) To approve the Joint Health and Wellbeing Strategy refresh 2016 - 2019 as set out in Appendix 2 to the report at Agenda Item 5.
- (ii) That the Joint Health and Wellbeing Strategy would be updated again in time to approve a further refresh covering the period from 2020 to 2022.
- (iii) To note the new Outcome 2 with priorities and the refreshed priorities as set out in the report.
- (iv) To continue receiving quarterly Red Amber Green (RAG) rated monitoring performance reports on the action plans for Outcomes 1 to 4 as set out in the refreshed Strategy.
- (v) To note the establishment of the new roles of "Board Champions" and "Cross Cutting Theme Leads".
- (vi) That the next steps would be:
- co-production of key measures for the priorities of each outcome;
  - co-production of refreshed action plans, which would be presented to the Health and Wellbeing Board at its meeting on 10 March 2016;
  - development of a governance framework, which would enable the system to deliver on embedding the cross-cutting themes and hold the system to account for the achievement of the agreed themes;
  - returning to the Health and Wellbeing Board at an agreed date with the agreed governance structure and detailed implementation plan; and

- producing a plain English or easy read version of the document at Appendix 2 of the report at Agenda Item 5.

**Reason for Decision:**

The Board recognised the need to ensure that there was an integrated system approach to delivering the refreshed Joint Health and Wellbeing Strategy during the period from 2016 to 2019.

Members recognised that some of the language in the document at Appendix 2 could be challenging for anyone unfamiliar with the terminology used in health and social care. They therefore supported a proposal to produce a plain English or easy read version.

**Alternative options:** None considered.

**Declarations of interest:** None declared.

**Dispensations:** None noted.

45. **Joint Mental Health Commissioning Strategy – Implementation Plan for Adults**

- a) Julian Herbert presented a report at Agenda Item 6, setting out a detailed action plan to support the implementation of the Integrated Mental Health Strategy for Suffolk (which had been approved by the Board on 10 September 2015). To answer members' questions he was joined by colleagues from Adult and Communities Services as follows: Mark Crawley, Head of Strategic Commissioning (Vulnerable Adults); Amanda Dunn, Transformation Programme Manager for Learning Disability Services; and Jason Joseph, Commissioning Manager.
- b) In the ensuing discussion, the following were among the points noted:
  - At the invitation of the Chairman, Carl Coughlin commented that he had seen an evolution in the attitudes of professionals in their dealings with people who had mental health problems. There was now a recognition that many factors, including non-medical issues such as housing, had a bearing on one's mental health.
  - The Board was pleased to hear that the Norfolk and Suffolk NHS Foundation Trust and users of mental health services had been involved in drafting the implementation plan. However, some members considered that more could have been done to involve some parts of the voluntary sector.
  - It was suggested that the Strategy should be more targeted on the high intensity users of hospital and police services, such as people with complex drug and alcohol problems.
  - The Board recognised the importance of focussing on the prevention of mental ill health and of avoiding stigmatising people with mental health problems. Some members questioned whether the implementation plan placed sufficient emphasis on prevention rather than treatment. They heard that the theme of the 2016 Annual Report of the Director of Public Health would be the

prevention of mental ill health, and work was currently underway to bring together the evidence about what worked in terms of prevention.

- The Director of Children and Young People's Services welcomed the shift in the implementation plan towards greater focus on families, rather than on individuals. She called for more emphasis on the need to provide early support for parents. It was noted that Suffolk Healthwatch was currently undertaking a piece of work which involved talking to schoolchildren and their families about their emotional health and wellbeing.
- At the invitation of the Chairman, Councillor Terry Clements spoke about the need to enlist the support of the voluntary sector in providing better signposting to help people understand the way in which an active life style could promote mental health. It was recognised that a great deal of prevention work was already being done by the voluntary sector, but this was difficult to quantify and some of it could be jeopardised by current pressures on public expenditure.
- Whilst supporting the aims of the implementation plan, members recognised that it would be challenging, and that staff would benefit from further training about what it meant to work in a joint system with pooled budgets.

**Decision:** The Board agreed:

- i) To approve the detailed mental health strategy action plan as set out in Appendix A to the report at Agenda Item 6, and to support the activities and actions it contained.
- ii) To ensure that the actions for Outcome 4 of the Joint Health and Wellbeing Strategy encompassed the priorities of the Great Yarmouth and Waveney area.

**Reason for Decision:**

Members were aware that the mental health strategy had been developed through a process of co-production including a wide range of stakeholders. They recognised that, in order to support the implementation of the strategy, those stakeholders had been invited to take part in the process of developing the action plan, which was considered to be a set of achievable ambitions.

The Board heard that in Waveney a mental health strategy had been the subject of public consultation during the summer of 2014, working in conjunction with the Norfolk and Suffolk NHS Foundation Trust (NSFT). That strategy reflected a similar approach to the one outlined in Appendix A, but some of the ways of working were different because Waveney was part of a different NSFT locality to the rest of Suffolk. Therefore, progress in Waveney would be reviewed by means of the refreshed monitoring reports in relation to Outcome 4 of the Joint Health and Wellbeing Strategy "people in Suffolk have the opportunity to improve their mental health and wellbeing".

**Alternative options:** None considered.

**Declarations of interest:** None declared.

**Dispensations:** None noted.

46. **Implementation Plan for Suffolk Joint Learning Disability Strategy 2015**

- a) John Lewis, Assistant Director, Adult and Community Services introduced a report at Agenda Item 7, setting out an implementation plan, actions and activities required to achieve the objectives of the Suffolk Joint Learning Disability Strategy (which had been approved by the Board at its meeting on 9 July 2015).
- b) The Board received a presentation from some of the champions and workstream leaders of the Learning Disability Partnership Board, including service users and colleagues from Adult and Community Services.
- c) Copies of the easy read Suffolk Learning Disability Partnership Workstream Guide were made available at the meeting.
- d) Members were aware that a sustained effort over a period of years had contributed to the co-production of the Learning Disability Strategy and Implementation Plan. They showed their appreciation of an inspiring presentation by giving the service users a round of applause.
- e) In discussion of this item, the following were among the points raised by members:
  - There was a need to ensure that people with learning disabilities were assisted in finding appropriate support to access the right part of the health and wellbeing system. Too often they were referred inappropriately to the Norfolk and Suffolk Foundation Trust as having complex mental health needs.
  - Member organisations were urged to allocate sufficient time to allow their staff to follow the example of the Learning Disability Partnership in working closely with service users to co-produce their plans.
  - The Board noted the need for discussions with national regulators, in order to ensure that their standards methodologies were not inconsistent with the co-production principles embedded in this action plan.

**Decision:** The Board:

- i) Agreed to support the approach to co-production being used to develop the Suffolk Joint Learning Disability Strategy and implement the action plan.
- ii) Agreed the commitments included in the co-produced action plan supporting the Strategy, aimed at helping people with learning disabilities to: receive good support; receive family centred support as they moved into adulthood; have work and purpose; receive good

quality information, advice and advocacy; have choice and control over their lives, their support and their money; stay healthy, safe and well; choose where they lived and who they lived with; and enjoy life with family, friends, pets and relationships in their communities.

**Reason for Decision:**

The Board recognised that the action plan had been co-produced and took a system-wide approach to achieving the ambitions set out in the Suffolk Joint Learning Disability Strategy.

**Alternative options:** None considered.

**Declarations of interest:** None declared.

**Dispensations:** None noted.

*With the agreement of the Board, the Chairman altered the order of business, as set out below.*

47. **Better Care Fund and progress towards integration update**

Andy Evans and Julian Herbert introduced a report at Agenda Item 9, providing information on: the progress and delivery of the Better Care Fund (BCF) Plan for Suffolk; health and care integration programmes in Suffolk; the timetable for the development of the Better Care Fund 2016/17; and proposed delegated authorities to ensure that the 2016/17 Plan would be signed off in time to meet national deadlines.

**Decision:** The Board:

- i) Noted the report at Agenda Item 9 which showed the progress made towards delivering Suffolk's Better Care Plan, including the delivery of integrated care through transformation programmes in Suffolk.
- ii) Reviewed the outstanding risks to delivery of the current Better Care Fund Plan and the proposed mitigation.
- iii) Noted the timetable for the development of the Better Care Fund Plan 2016/17.
- iv) Agreed that, in order to meet national deadlines for submission of the draft Better Care Fund Plan 2016/17 and final plans, the following timetable and arrangements would be adopted:
  - The first draft Plan (to be submitted by 8 February 2016) to be signed off by the Chairman of the Health and Wellbeing Board, the Chief Officer of the Ipswich & East and West Suffolk Clinical Commissioning Groups, the Chief Officer of the Great Yarmouth and Waveney Clinical Commissioning Group and the Director of Adult and Community Services.
  - A presentation on the draft plan to be given to the Health and Wellbeing Board on 10 March 2016.
  - The final draft Plan to be circulated to members of the Health and Wellbeing Board for comment by the end of March 2016.

- The final Plan to be signed off in mid to late April 2016 by the Chairman of the Health and Wellbeing Board, the Chief Officer of the Ipswich & East and West Suffolk Clinical Commissioning Groups, the Chief Officer of the Great Yarmouth and Waveney Clinical Commissioning Group and the Director of Adult and Community Services.
- The final agreed Plan to be made available on the Healthy Suffolk website, as was the current Plan for 2015/16.

**Reason for Decision:**

Members recognised that the Health and Wellbeing Board had responsibility for the oversight and agreement of the Better Care Fund Plan in Suffolk. The Board was satisfied that the integration programmes in Suffolk would deliver the vision for health and care as set out in the Better Care Fund Plan. The Board also had responsibility for oversight of the development of the Better Care Fund Plan for 2016/17.

**Alternative options:** None considered.

**Declarations of interest:** None declared.

**Dispensations:** None noted.

48. **Update on the delivery of the Housing and Health Charter**

- a) Mike Evans, Strategic Director – People, Babergh and Mid Suffolk District Councils, and Ian Blofield, Chairman of the Suffolk Strategic Housing Partnership, presented a report at Agenda Item 8, providing an update on the delivery of the Housing and Health Charter (which had been approved by the Board at its meeting on 9 July 2015).
- b) The following were among the points noted with regard to this item:
  - There were differing opinions amongst Board members as to whether or not it would be desirable or practical for district and borough councils to include a ‘no smoking’ condition as part of the tenancy agreements for their housing stock. It was recognised that it would be very difficult for district and borough councils to make their housing tobacco free. Nevertheless, it was suggested that the councils could do more to educate tenants about the dangers of smoking and help them to stop.
  - At the invitation of the Chairman, Mr Michael Ninnmey spoke about the importance of encouraging developers to use a “whole life dwelling” specification. This would ensure that more new homes could be adapted to meet people’s needs as they grew older, thus improving the quality of life for Suffolk’s ageing population.
  - The Board was reminded that several providers in the voluntary sector were involved with housing and homelessness, so the Voluntary Sector Congress would welcome an opportunity to contribute to the work of the Strategic Housing Partnership.

**Decision:** The Board agreed

- i) To note the early progress on the Housing and Health Charter and to continue to support the approach outlined in the report at Agenda Item 8.
- ii) To note the concerns, outlined in paragraph 26 of the report at Agenda Item 8, and to consider how the Board might assist in addressing these.
- iii) To note that further requests for assistance might come forward, once the detailed approach had been established.

**Reason for Decision:**

The Board was satisfied with progress and supported the next steps set out in the report.

**Alternative options:** None considered.

**Declarations of interest:** None declared.

**Dispensations:** None noted.

48. **Reports from Scrutiny Committees and other Partnership Groups**

- a) The Chairman of the Health Scrutiny Committee, Councillor Michael Ladd, gave an oral update on a meeting of the Health Scrutiny Committee on 21 January 2016, when the Committee had considered progress in transforming Child and Adolescent Mental Health Services in Suffolk. The Committee intended to clarify how much was spent by local commissioners on adult mental health services compared with children's mental health services in Suffolk, and Councillor Ladd urged the Board to use its influence to bring about a transfer of funding into prevention of mental ill health at an early stage.
- b) Councillor Ladd also gave an oral update on a meeting of the Great Yarmouth and Waveney Joint Health Scrutiny Committee on 22 January 2016, which had scrutinised: the decision following the 'GP practice premises in Gorleston and Bradwell' consultation; and the implementation of changes to Adult and Dementia Mental Health Services in Great Yarmouth and Waveney.
- c) The Board noted an update on a meeting of the Safe and Stronger Communities Group for Suffolk held on 10 December 2015, as set out in a report at Agenda Item 10.
- d) Carole Theobald gave an oral update on the work of the Local Health Resilience Partnership, which had recently reviewed its terms of reference and undertaken a self-assessment exercise.

50. **Information Bulletin**

The Board received an Information Bulletin at Agenda Item 11.

51. **Urgent Business**

There was no urgent business.

52. **Dates and Topics for Future Meetings**

The Board noted:

- a) the dates, venues and topics for future meetings as set out on the agenda sheet;
- b) that the next Board meeting would take place on Thursday, 10 March 2016 at Riverside, Lowestoft;
- c) that a display about the Suffolk Food Charter would be available to Board and Programme Office members over lunch.

The meeting closed at 12:10 pm.