

## **Great Yarmouth and Waveney Joint Health Scrutiny Committee**

**15 July 2016**

### **Update on the Implementation of the Changes to Adult and Dementia Mental Health Services**

Suggested approach from the Scrutiny Officer.

Norfolk and Suffolk NHS Foundation Trust (NSFT) and Great Yarmouth and Waveney Clinical Commissioning Group (CCG) will update the Committee on progress with implementation of the changes to adult and dementia mental health services in Great Yarmouth and Waveney.

#### **Background**

1. At the [Joint HSC Committee mtg on 22 Jan 2016](#), in considering 'Changes to Adult and Dementia Mental Health Services', the Joint Committee Members asked questions about: staffing levels throughout the transition process; the types of care available to patients in their own home; engagement with the voluntary sector; the numbers and cost of patients having to receive treatment outside of their locality; whether the number of new beds at Northgate Hospital accounted for the forecasted population increase; whether the care homes should be paying to train their staff; the long waiting list for counselling in the new Wellbeing Service; and involvement in the transformation plan for Child and Adolescent Mental Health Services (CAMHS). The Joint Committee:
  - Noted the good progress on implementing the changes to adult and dementia mental health services in GY&W, and establishment of the children's service at Carlton Court;
  - Recommended that NSFT and GY&W CCG look into reported concerns regarding capacity and timeliness of referrals for the new 'Wellbeing Service'; and
  - Confirmed it would revisit the projects progress in 6 months to a year.
2. On 4 March 2016 the Joint Committee Members undertook a very informative site visit to the Adult Acute Mental Health Ward at Northgate Hospital, Great Yarmouth, hosted by Service Managers, a Consultant Psychiatrist and the Locality Manager:
  - Members noted that the ward first opened in 2005 and has now been enlarged from 15 to 20 beds. Members saw the one of the ward bedrooms, the kitchen, occupational therapy activity room, new gym (under construction), the community crisis team based onsite, and the new Section

136 suite (under construction). Members noted that on average 75% of the beds are occupied by GY&W patients and it is very rare for GY&W patients to be placed out of area. St Catherine's (in Gorleston) is used for step-down, rehabilitation of some patients from the acute service at Northgate.

- Staff at all levels receive specific training, physical restraint of patients is kept to a bare minimum, ECT treatment is no longer widely used (and if required would be at Norwich). There is a PALS (Patient Advisory Liaison Service) room, and IMCAs (Independent Mental Capacity Advocates) and CAB (Citizens Advice Bureau) staff visit each week. The ward also takes up to 6 patients on a day care basis. There are no mental health beds for mothers (with psychosis) and babies in the East of England (however there is a Perinatal Mental Health Service); NSFT would be interested in developing such a service. The Northgate site also hosts community healthcare and social care staff and enables integrated working.
- Members also saw the Patient Flow IT system, which is used across NSFT to manage bed availability; average length of stay on the ward is around 15-20 days. NSFT is looking to join up patient flow systems with other providers (JPUH, ECCH); JPUH does not have the same kind of computerised system; NSFT is now completely paperless using the Lorenzo system.

### **Purpose of today's meeting**

3. The NSFT has been asked to update the joint committee on:-
  - Overall progress in implementing the changes to adult and dementia mental health services
  - Any impacts on service, or changes to the adult and dementia plans?
  - Overall progress in implementing the establishment of the children's service at Carlton Court
  - Any impacts on service, or changes to the plan for the children's service at Carlton Court?
  - Current status of capacity and timeliness of referrals for the new 'Wellbeing Service'

### **Suggested approach**

4. Representatives from the NSFT and the CCG will present the implementation update and respond to any questions or comments from the joint committee.
5. The following document is attached:
  - a) Annex 1 - Report by NSFT, July 2016, 'Update on the implementation of the changes to NSFT Adult Mental Health and Dementia services.'

### **References**

- (i) 22 January 2016 JHSC, Agenda Item 6, 'Implementation of the Changes to Adult and Dementia Mental Health Services in Great Yarmouth and Waveney':  
<http://committeeminutes.suffolkcc.gov.uk/meeting.aspx?d=22/Jan/2016&c=Great Yarmouth and Waveney Joint Health Scrutiny Committee>

### **Contact details**

Paul Banjo, Scrutiny Officer; Email: [paul.banjo@suffolk.gov.uk](mailto:paul.banjo@suffolk.gov.uk); Tel: 01473 265187