



Report for Health Scrutiny Committee 20 July 2016

## **Answering the challenge of the Forward View: Sustainability and Transformation Plan**

**Report of: Nick Hulme, Chief Executive of Ipswich Hospital NHS Trust and lead for this STP footprint**

### **BACKGROUND**

The way health and care is provided has improved over the past 15 years, particularly on services for people with cancer and those who have had a stroke – thanks to the commitment of NHS and social care staff.

Challenges remain as there are growing demands on the NHS, which leads to organisations facing financial pressures. People are living longer and often have more than one long term health condition, which makes their care more complex.

This is recognised in the [NHS Five Year Forward View](#). A good STP will enable the ambitious aims of the Forward View to be implemented, meaning the delivery of a sustainable local health and care system that delivers happier and healthier lives for local people, through closer working and support between the various health and care commissioners and providers and the voluntary and community sectors.

In our area organisations from east and west Suffolk and North East Essex areas are working together on a draft STP and, while the plan will build on work already being undertaken, this collaboration presents an important opportunity to make changes needed at a time when NHS and local authority services and finances are under exceptional pressure. It also includes plans for engaging and communicating with the public, with the guidance of Healthwatch Essex and Suffolk and communications leads.

The STP will improve and reshape care delivery and quality through a focus on:

- **Prevention** – giving people the information, support and advice to live healthier lifestyles; supporting people to live independent lives for longer; closing the health gap between mental and physical health; tackling the other determinants of unhealthy lives including poor housing and environment
- **Improving care and quality of services** – reshaping care delivery so that care is predominantly delivered in the home or community, with hospital services focusing on the most seriously ill; bringing together physical and mental health professionals so that people get the right care at the right time, in the right place; having a more flexible workforce; development of innovative working through better use of technology
- **Financial stability** – ensuring our hospitals, community and mental health providers and commissioners are financially sustainable; new models of commissioning and contracting services; improved efficiency and new models of care that will still deliver high quality and safe services

Those involved in the drawing up the draft STP for North East Essex and Suffolk are named below:

### **Suffolk**

Ipswich and East Suffolk Clinical Commissioning Group, West Suffolk Clinical Commissioning Group, West Suffolk NHS Foundation Trust, Ipswich Hospital NHS Trust, Norfolk and Suffolk Foundation Trust, Suffolk County Council, Ipswich Borough Council, St. Edmundsbury Borough Council, Mid-Suffolk District Council, Babergh District Council, Suffolk Coastal District Council, Suffolk GP Federation CIC, East of England Ambulance Trust, Healthwatch Suffolk, Voluntary and Community Services.

### **North East Essex**

North East Essex CCG, Colchester Hospital University NHS Foundation Trust, Anglian Community Enterprise CIC, North Essex Partnership NHS Foundation Trust, GP Primary Choice, Essex County Council, Tendring District Council, Colchester Borough Council, East of England Ambulance Trust, Healthwatch Essex, Community Voluntary Services.

### **NEXT STEPS**

All of the draft plans were submitted to NHS England in time for its 30 June 2016 deadline. It is expected that NHS England will spend time considering all the draft plans submitted across the country over summer.

For more information please contact Isabel Cockayne Head of Communications for the Suffolk CCGs on 01473 770012