

**Suffolk Health and Wellbeing Board**

*A committee of Suffolk County Council*

<b>Report Title:</b>	Outcome Four: People in Suffolk have the opportunity to improve their mental health and wellbeing  Update on Suffolk Joint Mental Health Adult Commissioning Strategy.
<b>Meeting Date:</b>	8 September 2016
<b>Chairman:</b>	Councillor Tony Goldson
<b>Board Member Lead(s):</b>	Ed Garratt, Chief Accountable Officer: Suffolk CCGs Eugene Staunton, Associate Director of Redesign, Planning & Delivery: Suffolk CCGS
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**What is the role of the Health and Wellbeing Board in relation to this paper?**

1. This paper provides the Board with an update on progress in delivering the Suffolk Joint Mental Health Adult Commissioning Strategy.

**What actions or decisions is the Board being asked to take?**

2. The Board is asked:
  - a) To note this update on the Mental Health Commissioning Strategy and request all partnership organisations reaffirm their commitment to the strategy and subsequent action plan updates.
  - b) To agree the priorities that have been identified by the Mental Health & Learning Disabilities Joint Commissioning Group for focus and delivery in 2016/17.

**Background**

3. The Joint Mental Health Adult Commissioning Strategy vision for mental health services is to provide excellent, safe, sound, supportive, cost effective and transformational services for people with mental health needs that in turn promote independence and are empowering wellbeing and choice that are shaped by accurate assessment of community needs.
4. The 5 year Strategy, published in 2015, was developed between NHS West Suffolk Clinical Commissioning Group (CCG), NHS Ipswich and East Suffolk CCG, Suffolk County Council, Suffolk Constabulary and people who use mental health services on behalf of the people of Suffolk. All the named statutory bodies committed to co-production to support the delivery of

the strategy and to develop their work with partners such as Healthwatch and Suffolk User Forum.

5. A subsequent action plan was developed and published in January 2016 underpinning the Joint Mental Health Adult Commissioning Strategy and the delivery of this is being monitored by the Suffolk Mental Health (MH) and Learning Disability (LD) Joint Commissioning Group (JCG).
6. The Joint Mental Health Adult Commissioning Strategy includes links to work being progressed for Child and Adolescent Mental Health Services (CAMHS) and the Suffolk Learning Disability Strategy. A report in respect of progress for CAMHS as part of Outcome 1 was presented at the 21 July 2016 Suffolk Health and Wellbeing Board meeting. A similar update for Learning Disabilities for Outcome 2 will feature at a future Health and Wellbeing Board meeting.

### **Changes across Health and Social Care System**

7. Since the Suffolk Joint Mental Health Adult Commissioning Strategy was published, there have been a number of developments which will have an impact and shape the mental health agenda over the next five years.
8. NHS England has released the following policy:

### **Sustainability and Transformation Plans**

9. In December 2015, NHS England announced that every health and care system in England will produce a multi-year Sustainability and Transformation Plan (STP), showing how local services will evolve and become sustainable over the next five years.
10. To deliver plans that are based on the needs of local populations, local health and care systems came together in January 2016 to form 44 STP 'footprints' nationally. The health and care organisations within these geographic footprints are working together to develop STPs which will help drive genuine and sustainable transformation in patient experience and health outcomes of the longer-term.
11. The STP for Suffolk includes the following organisations:
  - Ipswich and East Suffolk and West Suffolk CCGs
  - North East Essex CCG
  - Suffolk County Council
  - Essex County Council
12. Great Yarmouth and Waveney CCG will form part of the STP with the five Norfolk CCGs and Norfolk County Council.
13. Each STP area has developed plans for the next five years and more detailed plans are being developed for implementation in autumn 2016. These plans include mental health as a golden thread and have been cross referenced to include the direction and key themes set out in the Suffolk Joint Mental Health Adult Commissioning Strategy.

### **Implementation of the Mental Health Five Year Forward View**

14. In February 2016, NHS England published the Mental Health Five Year Forward View which sets out a vision improving the mental health of children, young people, working-age adults and older people. Subsequently in July 2016,

NHS England published the national implementation plan for the Mental Health Five Year Forward View which can be found at the following link:

<https://www.england.nhs.uk/wp-content/uploads/2016/07/fyfv-mh.pdf>

15. The Implementation of the Five Year Forward View sets out clearly the national direction and timescales and this has been factored into the STP plans.

### **NHS Financial Challenges**

16. Since the strategy and subsequent action plan were published, Ipswich and East CCG and West Suffolk CCG have openly shared details of the financial challenge upon them in the 2016/17 financial year and going forward.

### **Our Achievements so far**

17. The Joint Mental Health Adult Commissioning Strategy Action plan which was published in January 2016 sets out a challenging programme of work over the five years with a large majority of the work plan set out for 2016/17. Since January 2016, the following progress has been made:

### **Suffolk Suicide Prevention Strategy**

18. In July 2016, the Suffolk Suicide Prevention Strategy was presented to the Health and Wellbeing Board development session. The information from the strategy forms the basis for the Suffolk Health and Wellbeing Conference 'Suffolk Lives Matter' on 6 October 2016. Participation from the conference will assist in developing a Suffolk Suicide Prevention Action Plan and communications plan.

### **Police Triage Car**

19. During 2015, a successful pilot scheme ran which consisted of a psychiatric nurse going out with a police officer in a squad car to support patients with mental health issues. Following evaluation this scheme was rolled out to West Suffolk together with a psychiatric nurse in the police control room in Martlesham to better support the police in assessing incidents requiring mental health professional support.

### **Wellbeing Suffolk**

20. In April 2016, the new Primary Care Mental Health contract was awarded to Norfolk and Suffolk Foundation Trust. Wellbeing Suffolk launched on 1 September 2016 and is an 'all age' service which is easily accessible by self referral via telephone or the website. The new service also includes shared care for some patients previously managed solely in secondary care and the development of integrated physical and mental health pathways for patients with Long Term Conditions over the coming months.

### **Marginalised Vulnerable Adults Contract Re-procurement**

21. The CCGs are currently obtaining views via the public consultation regarding focussing the service for marginalised and vulnerable adults where it is most needed. Once the consultation is complete, views will be collated and considered and a revised service will be procured.

### **Crisis Concordat Action Plan**

22. The Crisis Concordat has a large programme of work set out in a local action plan. To help enable the work to progress a Mental Health Operational Group originally set up in West Suffolk has been expanded to include wider Suffolk colleagues to support delivery of the work. The Operational Group also worked

with service users to develop three key priorities which are set out in the next section.

### **Next Steps**

23. Good progress is being made on delivering the Joint Mental Health Adult Commissioning Strategy Action Plan but there are financial and organisational capacity challenges facing the system.
24. As a result, the Mental Health and Learning Disability Joint Commissioning Group have considered the progress to date, the breadth of the work set out and decided that it would be sensible to identify key priority areas from the action plan for the three key chapters. These priority areas are linked to the Implementation of the Mental Health Five Year Forward View and local priorities.
25. The agreed priority areas for 2016/17 under the sections of the strategy are:

### **Early Intervention and Prevention**

- Suicide prevention  
To build upon the conference in October to form an action plan to prevent suicide. A social media campaign will be developed to support this.
- Early intervention in psychosis  
A local implementation group will carry out service modelling to ascertain how Suffolk can meet the new NHS England guidance in to expand services currently offered to 15-35 year olds to those aged between 15-65 years old. The guidance includes those people with psychosis and at risk mental state.
- Training front line staff, GPs and A&E in mental health first aid  
Training is available and plans are underway to make sure that people are better aware of mental health, including for when people have reached a crisis.

### **Crisis**

- Children and Adolescent Mental Health Services  
A separate, significant piece of work is underway to support young people as part of Outcome 1.
- Place of safety  
Work towards identifying a place of safety for patients experiencing crisis in addition to formal Section 136 suite requirements.
- Psychiatric liaison  
This remains a focus. Teams from NSFT, the acute hospitals and the CCG are planning services to ensure that people are prioritised for help according to their need, those who need specific help (e.g. in drug and alcohol services) are directed to those services, improved education of hospital staff and psychiatric liaison resources are focused on helping those with a clinical need.

- Crisis Helpline

More work is needed to develop a broader helpline. The Night Owls Service operates for those with a specific need.

### **Recovery**

- Wellbeing Suffolk

Continued work with the service following the launch on 1 September to develop better relationships within primary care and facilitate the integration of mental health into long term condition pathways.

- Pooled fund (where commissioners each put money into a shared pot)

This covers services such as advocacy and mental health supported housing. This is an area which needs to be developed and reviewed.

### **Recommendation:**

26. The Board is asked to note this update on the Mental Health Commissioning Strategy and request all partnership organisations reaffirm their commitment to the strategy and subsequent action plan updates
27. The Board is asked to agree the priorities that have been identified by the Mental Health & Learning Disabilities Joint Commissioning Group for focus and delivery in 2016/17.

### **Sources of further information**

No other documents have been relied on to a material extent in preparing this report.

