

# Making the NHS go further

Clinical commissioning groups (CCGs) buy-in and monitor most healthcare services. Demand for services is increasing in Suffolk and Ipswich & East Suffolk and West Suffolk CCGs need to make £31m of financial improvements during 2016/17. We are working very hard to find these savings in both CCGs, and this is our plan.



## Medicines

- 1) We are making sure medicines and treatments we give to patients are the best possible price.
- 2) You can help the NHS by buying your own treatments from the pharmacy. It is cheaper to you than the NHS.



## Treatments needing approval

We are reviewing the lists of treatments that are only funded by the NHS in special or exceptional circumstances. We will be limiting these. We will also ask patients to do more for themselves, and support them, so that they avoid surgery or treatment.



## Out of county care

A handful of Suffolk people are cared for away from their friends and family. It would be better for them and cheaper to make sure they are closer to home.



## Corporate costs

We have already made some big savings by reducing our internal spending, such as freezing training and recruitment where appropriate, and this will continue in the future.



## Referral to hospital

This is about getting high quality, consistent referrals from your family doctor or nurse to the right place in the health system. Also it is making sure that if there is no clinical need for you to return to hospital for a follow-up, you will not have to go.



## Nursing home care and support for patients in their own home

We will agree the best value for money care packages for people with very complex, on-going healthcare needs - and ensure that the right patients get it.



## Invoice validation

We are making sure we only pay for the care patients in Suffolk receive.



## Controlling our cash

Every single budget is being looked at and anything that is unused or unlikely to be used will be banked.



## Best price possible

Every contract is being looked at to make sure it is giving best value for money cost.