

## Suffolk Health and Wellbeing Board

*A committee of Suffolk County Council*

**Minutes** of the meeting of the **Suffolk Health and Wellbeing Board** held on 8 September 2016 at 9:30 am in the Conference Room, Riverside, Lowestoft

Present:

Suffolk County Council (SCC):	Councillor Tony Goldson, Cabinet Member for Health <b>(Chairman)</b>
	Councillor Beccy Hopfensperger, Cabinet Member for Adult Care
	Councillor Gordon Jones, Cabinet Member for Children's Services
	Abdul Razaq, Director of Public Health
	Sue Cook, Corporate Director for Children and Adult Services
NHS Great Yarmouth and Waveney Clinical Commissioning Group (CCG)	Andy Evans, CCG Chief Executive
NHS Ipswich and East Suffolk Clinical Commissioning Group (CCG)	Dr Mark Shenton, CCG Chairman
NHS Ipswich and East and West Suffolk Clinical Commissioning Groups (CCGs)	Dr Ed Garratt, CCGs Chief Officer
Ipswich Borough Council	Councillor Neil MacDonald
Waveney and Suffolk Coastal District Council	Councillor Mary Rudd
Babergh and Mid Suffolk District Councils	Councillor Diana Kearsley
Forest Heath District and St Edmundsbury Borough Councils	Councillor Robin Millar
Healthwatch Suffolk	Dr Tony Rollo
Suffolk Constabulary	Chief Superintendent David Skevington
Suffolk's Voluntary and Community Sector Congress	Nicola Bradford
Suffolk's Chief Officers Leadership Team	Ian Gallin

*The Chairman welcomed Abdul Razaq and Ian Gallin to their first meeting as Board members. He also welcomed members, representatives of 'providers', guests and observers as follows:*

*Alison Armstrong, Norfolk and Suffolk Foundation Trust*

*Mark Hardingham, Chief Fire Officer*

*Neil Moloney, Deputy Chief Executive, Ipswich Hospital Trust*

*The Board congratulated West Suffolk NHS Trust on being chosen as one of twelve NHS hospital trusts selected to trail blaze new ways of using digital technology to drive radical improvements in patient care.*

14. **Public Participation Session**

There were no applications to speak in the Public Participation Session.

15. **Apologies for Absence and Substitutions**

Apologies for absence were received from: Carole Theobald; Deborah Cadman; Gareth Wilson (substituted by David Skevington); John Stammers; and Tim Passmore.

16. **Declarations of Interest and Dispensations**

There were no declarations of interest or dispensations.

17. **Minutes of the Previous Meeting**

The minutes of the meeting held on 21 July 2016 were confirmed as a correct record and signed by the Chairman.

18. **Chairman's Announcements**

**a) Better Care Fund 2016/17**

The Chairman announced that the 2016/17 Better Care Fund Plan for Suffolk (which the Board had signed off in May 2016) had gained national approval. This meant that the full amount of £51.4m of health and care spending could be pooled into the Fund by way of agreements between Suffolk County Council and the three Suffolk clinical commissioning groups (CCGs).

The Plan, building on the previous year's Plan, set out what steps would be taken to deliver integrated care. This included the following work on Integrated Teams which was to be accelerated over the coming year:

- i) Connect in Ipswich and East and West CCG areas – developing the Sudbury model so that GPs, social workers and community health could work more closely together to co-ordinate care and provide a preventative service, particularly for people with complex needs or who were frail.
- ii) The Out of Hospital Teams in Waveney – which had a proven record in keeping people out of hospital, and getting them back to independence, when their health began to deteriorate.

The Plan had a clear direction of travel for integrated care in Suffolk which was also reflected in the two emerging Sustainability and Transformation Plans which covered Suffolk.

The Board recorded its thanks to all those who had supported the development of the Plan, and who had been responsible for the success to date. The Board particularly thanked Jo Cowley, Business Development Specialist, Suffolk County Council, for all her work on the Suffolk submission.

**b) Workplace Health Charter**

The Chairman reminded members that in 2015 the Board had made a commitment to support workplace health and wellbeing. Since then, work had been undertaken across Suffolk to set the foundations for a workplace wellbeing charter. The charter was a series of standards endorsed by

Public Health England which created a baseline for organisations to assess their performance and compare this with others. The standards related to eight key areas of workplace health.

A number of Health and Wellbeing Board partners had demonstrated their commitment by agreeing to carry out assessment and to work towards achieving the standards. This was a three-year process starting with commitment level in year one, moving to achievement level in year two and finally excellence in year three. After the close of the meeting this would be recognised through a presentation of workplace wellbeing charter certificates to: Babergh and Mid Suffolk District Councils; Forest Heath District and St Edmundsbury Borough Councils; Great Yarmouth & Waveney CCG; Ipswich & East and West Suffolk CCGs; Ipswich Borough Council; Ipswich Hospital; Norfolk and Suffolk Foundation Trust; Suffolk Coastal and Waveney District Councils; and Suffolk County Council.

Joining the Chairman for the presentation would be Neil Wood from Public Health England. The Chairman welcomed Mr Wood to the meeting and thanked him for his instrumental work in developing the workplace charter.

### **c) Dementia Friendly Communities fund**

Before the start of the Board meeting, a video had been shown which showcased one of the successful projects, called “Music in Our Bones”, which had benefited from financial support from the Dementia Friendly Communities fund. The objective of this fund was to create a greater awareness and understanding of dementia in Suffolk communities and for individuals with dementia and their carers to feel supported to remain independent and have choice and control over their lives.

The fund was managed by Suffolk Community Foundation on behalf of the Public Health team. It had already distributed nearly £16,000 to eleven groups across the county and aimed to distribute more over the next year, as people were inspired by the objective of the fund and further projects developed.

## **19. Updates on Sustainability and Transformation Plans (STPs)**

### **a) Suffolk and North East Essex STP**

Ed Garratt gave an update on the development of the Suffolk and North East Essex STP. He referred to the fact that the West Suffolk NHS Trust could receive up to £10 million from NHS England to enable it to use technology to improve services by sharing records across health and public care.

By 16 September 2016 each STP footprint was required to submit its “financial bridge”, explaining how it would reduce its deficit over the next five years. For Suffolk and North East Essex the deficit was currently £76 million, and the plans included reducing activity, provider efficiencies and back office efficiencies. Currently there were no plans to close any facilities in Suffolk. Discussions were taking place about how Ipswich and Colchester Hospitals would work together, but at present there were no proposals for radical changes.

The final STP would be submitted to NHS England by 21 October 2016. After that date it was hoped that there would be greater freedom to discuss the plan with the public and the voluntary and community sector.

#### **b) Norfolk and Waveney STP**

Andy Evans gave an update on the development of the Norfolk and Waveney STP. He commented that although the process of agreeing an STP was difficult, the objective was a desirable one because it should lead to a situation where the whole system had an agreed set of targets. The various parts of the NHS would no longer be competing with each other for the same scarce resources.

Waveney was a relatively small part of a wide footprint which was faced with the very difficult task of reducing a deficit of £500 million over five years. The challenge was to make rational changes at the same time as removing costs. Underpinning the work was the need to tackle the workforce problem. In some fields it was not possible to recruit enough specialists, so the STP would provide a means whereby hospitals could share specialists and undertake more outreach work.

For Norfolk and Waveney 15 organisations were working together to develop the STP. They were chaired by the Managing Director of Norfolk County Council. The aim was to issue a single set of commissioning intentions. The Norfolk and Waveney STP was subject to the same timetable as the Suffolk and North East Essex STP, and it was hoped that by September there would be more opportunity to discuss the plan with local communities.

#### 20. **Devolution Update**

The Chairman gave the following update on the Norfolk and Suffolk devolution plan:

- a) Since the announcement of the East Anglia devolution deal in the March 2016 budget, Leaders had negotiated two devolution deals with Government – one for Norfolk and Suffolk and one for Cambridgeshire and Peterborough. The Norfolk and Suffolk deal included:
  - i) £25 million a year over 30 years for economic growth, infrastructure and jobs
  - ii) £130 million over five years for housing investment to deliver new homes
  - iii) £225 million transport budget over four years
  - iv) £20 million annual skills fund and £2 million annual apprenticeship grant
  - v) More control and influence over investment in key roads across Norfolk and Suffolk
  - vi) A Norfolk and Suffolk wide approach to flood and coastal risk management

- vii) A locally integrated employment service, and the opportunity to co-design and co-commission the new national work and health programme
- b) Whilst this deal was more focussed on economic growth, there was placeholder text for health and care integration and wider public service reform in order to keep open options to include relevant ideas in future devolution negotiations.
- c) In June 2016 councils across these areas had debated whether to endorse the deal and to consult the public and other stakeholders on the devolution proposals which included establishing a Combined Authority and Mayor. All Suffolk local authorities and four Norfolk local authorities had endorsed the proposals and agreed to go to consultation.
- d) During the Summer a representative telephone survey had been undertaken by Ipsos Mori which had consisted of a 10 minute phone survey of 6, 080 residents aged 18+ across Norfolk and Suffolk. There had been 380 interviews conducted for each district and county area. This had included those Norfolk areas that had not endorsed the Deal in order to give a representative sample across the whole area. In addition, there had been an online survey accessible from the East Anglia devolution website and specific engagement with businesses, town and parish councils, the higher and further education sector, the rest of the public sector such as CCGs, the police and local authority staff and councillors.
- e) The consultation formed part of the statutory process to establish a Combined Authority. It was evidence that the Secretary of State would consider in deciding whether the governance proposals met the statutory test, which was to: “improve the exercise of statutory functions in the area”.
- f) The consultation had closed on 23 August 2016 and a summary of the results would be returned to the Secretary of State by 9 September 2016. Once finalised and sent to the Secretary of State, the results and accompanying data would be available on the East Anglia devolution website (<https://www.eastangliadevo.co.uk/>).
- g) If the Secretary of State decided that the statutory test had been met, Department of Communities and Local Government would then draft statutory orders to create a Combined Authority and Mayor for Norfolk and Suffolk. Each participating local authority would then need to give consent to these orders. Consequently, there would be a further round of Full Council discussions in late October and early November 2016. All participating local authorities needed to give consent and if that happened, the draft orders would then be laid before Parliament. The latest that the orders could be laid before Parliament and still allow for a Mayoral election at the same time as the County Council elections on 4 May 2017 was 4 November 2016.

21. **Suffolk's Information and Intelligence Assets**

- a) The Board considered a report at Agenda Item 8, outlining work taking place to facilitate the use of data and intelligence to inform decision-making, and setting out a proposed performance framework for monitoring the cross-cutting themes of the Joint Health and Wellbeing Strategy (JHWS).
- b) Abdul Razaq introduced the report. Anna Crispe, Head of Knowledge and Intelligence, Public Health and Julie Baran from Ipswich & East and West Suffolk CCGs gave a presentation.
- c) In the ensuing discussion, the following were among the points noted:
  - The county's analysts were a specialist resource who were able to provide specific strategic service analytics and action focussed research. It was suggested that a key challenge would be to improve the county's ability to carry out predictive modelling. For example, it would be important to be able to predict the impact on health and social care in Suffolk of the housing investment proposed as part of the Devolution plans.
  - Members were aware that many tools were available to assist in predictive modelling, each with its advantages and disadvantages. Therefore the aim should be to assemble a suite of products which could give a system-wide overview, but also provide detail at locality level.
- d) With regard to the proposed performance framework for monitoring the cross-cutting themes of the JHWS, it was recognised that this was "work in progress". Comments included:
  - It would be helpful to include some information about lead and lag indicators, particularly in relation to Stronger/Resilient Communities. With reference to this theme, further work might be needed on the indicators, as there was some concern that there might be an over-reliance on education as an indicator.
  - The Theme and Outcome Leads should be asked to consider the framework in detail, as there could be areas in which double-counting was taking place.
  - It would be helpful if the commentary could be enhanced to include: reasons for the situation described by the data; suggestions as to what was already taking place or could be done where improvement was required; and information about best practice elsewhere in the UK which might suggest actions for Suffolk.
  - A report about Hidden Needs (an update of the Suffolk Community Foundation report of 2011) was expected to be published at the end of September 2016. It was not yet clear whether the findings would be reflected in the framework or in the Joint Strategic Needs Assessment.

**Decision:** The Board agreed:

- i) To note the progress being made in regard to data and intelligence in Suffolk.
- ii) To accept the proposed performance framework (Appendix A to the report at Agenda Item 8) for monitoring the cross-cutting themes in the Health and Wellbeing Strategy and to approve the suggested approach and the draft thematic identified indicators for the time being and subject to further development as discussed.

**Reason for Decision:**

The Board commended the work being done to make better use of the data available in Suffolk. Members were aware that some providers found that they were often asked to produce data without knowing how it would be used, so they were reassured to note the renewed focus on data informing action. Members of the Voluntary Sector Congress particularly welcomed efforts to make the information available on the Suffolk Observatory more accessible.

Members recognised that the proposed performance framework would improve the Board's ability to monitor the cross-cutting themes in Suffolk, and to recommend further action if Suffolk's performance against these key themes was shown to be negative.

**Alternative options:** None considered.

**Declarations of interest:** None declared.

**Dispensations:** None noted.

22. **Joint Health and Wellbeing Strategy Monitoring Report Outcome 4: Update on Suffolk Joint Mental Health Adult Commissioning Strategy**

- a) The Board considered a report at Agenda Item 9, providing an update on progress in delivering the Suffolk Joint Mental Health Adult Commissioning Strategy. This report did not cover the Waveney area.
- b) Ed Garratt introduced the item and the report was presented by Eugene Staunton, Associate Director Redesign, Planning and Delivery, Suffolk clinical commissioning groups (CCGs).
- c) Comments on the report included the following:
  - Members recognised that good progress was being made. They particularly welcomed the fact that the police were now receiving support from psychiatric nursing staff to deal with incidents involving people with mental health problems.
  - Although the trends were positive, "parity of esteem" for mental health was not yet a reality and joined-up services had not yet been fully achieved. For example, there was insufficient integration of the services for people with mental health issues who also had problems relating to drug and alcohol misuse. Members noted that this particular gap was to be discussed by the Suffolk Commissioners Group.

- The Board was aware that plans being developed by teams from Norfolk and Suffolk Foundation Trust, the acute hospitals and the CCGs were aimed at ensuring that psychiatric liaison resources were focused on helping those with a clinical need. However, concerns were expressed that this would mean that West Suffolk could lose its place based services and the resources to be concentrated on a hub in Ipswich might be overburdened. It was noted that no final decisions had yet been made and further discussions would take place outside of the Board meeting.

**Decision:** The Board agreed:

- To note the update on the Mental Health Commissioning Strategy and to reaffirm its commitment to the strategy and subsequent action plan updates.
- The priorities identified by the Mental Health and Learning Disabilities Joint Commissioning Group for focus and delivery in 2016/17, as set out in paragraph 25 of the report at Agenda Item 9.

**Reason for Decision:**

Members continued to support the principles set out in the Suffolk Joint Mental Health Adult Commissioning Strategy. They were satisfied with the progress being made, although they acknowledged that there was still a great deal of work to do.

Members recognised that the breadth of the Action Plan as agreed by the Board at its meeting on 28 January 2016 presented the system with financial and organisational capacity challenges. The Mental Health and Learning Disabilities Joint Commissioning Group had therefore proposed that for 2016/17 efforts should be focussed on the key priorities set out in paragraph 25 of the report. The Board supported this prioritisation.

**Alternative options:** None considered.

**Declarations of interest:** None declared.

**Dispensations:** None noted.

## 23. Domestic Abuse

- The Board considered a report at Agenda Item 10, outlining the interim findings from a 'deep dive' into Domestic Abuse in Suffolk.
- Ian Gallin introduced the item, which he said was likely to be followed in due course by further reports instigated by the Safe and Strong Communities Group on its three other priority areas: sexual exploitation; cyber crime; and youth violence and gangs. The report at Appendix was presented by Sara Blake, Head of Localities and Partnerships, Suffolk County Council, but had been co-produced with the Suffolk Constabulary, the Police and Crime Commissioner's Office and the Suffolk Domestic Abuse Partnership. It was described as an "interim" report in recognition of the fact that there was still a great deal more work to do, but was being brought to the Board in order to seek support for changes which it was felt should be implemented as soon as possible.



- c) In discussing the report, members commented as follows:
- Early intervention must be seen as part of the prevention strategy, and work with perpetrators needed to be integral to the approach, rather than an “add on”.
  - To some members the report seemed to lack a sense of urgency. However, the Board heard that some actions had already been taken. For example, the various bodies involved in commissioning Domestic Abuse services had been brought together with a view to aligning their plans, and a workshop had already taken place with providers.
  - Members recognised the importance of educating young people about abuse, but they foresaw that efforts to enlist the help of schools would meet with a variable response. Some schools had excellent arrangements for teaching Personal, Social and Health Education, but many others did not give the subject a high priority. However, the aim would be to build on the good work already in place.
  - The Board took the view that within Suffolk County Council a Cabinet Member should have responsibility for Domestic Abuse, and that within each of the relevant organisations responsibility should rest at a senior level.

**Decision:** The Board agreed:

- i) To support the recommendations in Appendix C to the report at Agenda Item 10 (as summarised in paragraph 31).
- ii) To the governance arrangements proposed within the covering report, as set out in paragraph 23, namely that the Board would be accountable for Domestic Abuse, and the Safe and Stronger Communities Group, on behalf of the Board, would oversee the development and delivery of the multi-agency action.
- iii) To a principle of co-funding the implementation of the recommendations, subject to a further report to the Board once the costs were established.
- iv) That the Suffolk Commissioners Group be asked to ‘broker’ the funding discussions.
- v) To align existing resources in the short term to ensure more effective commissioning.

**Reason for Decision:**

The Board recognised that the recommendations in the report were designed to reduce the incidents of domestic abuse through effective preventative activity and to ensure victims/survivors were effectively supported to ensure individuals and their families were able to live a safe and independent life. Members were also aware that in addition to the significant personal costs to victims and their families, the cost of domestic abuse was felt across the public sector.

**Alternative options:** None considered.

**Declarations of interest:** None declared.

**Dispensations:** None noted.

24. **Review of the need for a Suffolk Family Focus (SFF) Board**

- a) At Agenda Item 11 the Board considered a report concerning the future role of the Suffolk Family Focus Board.
- b) The report was presented by Mike Evans, Chairman of the SFF Board, accompanied by Stuart Hudson, Troubled Families Co-ordinator, Suffolk County Council.

**Decision:** The Board agreed:

- i) That the current Suffolk Family Focus Board should be placed in a dormant, but shadow form to review the progress of Suffolk Family Focus annually and then report directly back to the Health and Wellbeing Board.
- ii) That the Suffolk Family Focus Board should maintain its network of contacts in order to 'unblock' issues or to enable information to be shared.

**Reason for Decision:**

The Board was aware that members of the SFF Board had all been consulted and considered that SFF was now an integral part of and synonymous with the normal transformational business of Making Every Intervention Count for Children and Young People's Services.

The Health and Wellbeing Board concurred with the view that, with the viability and provenance of the Families Outcomes Plans for measuring progress of SFF and the associated Payment By Results, SFF was working well. The oversight and challenge that the SFF Board had been able to provide with its frequent meetings was no longer required in this form.

**Alternative options:** None considered.

**Declarations of interest:** None declared.

**Dispensations:** None noted.

25. **Information Bulletin, including reports from Scrutiny Committees and other Partnership Groups**

The Board received an Information Bulletin at Agenda Item 12. Further information was requested about the arrangements for Suffolk Community Healthcare Community Matrons to hotdesk at Landmark House, Ipswich.

26. **Urgent Business**

There was no urgent business.

27. **Dates and Topics for Future Meetings**

The Board noted:

- a) the dates, venues and topics for future meetings as set out on page 4 of the agenda sheet;
- b) that the Board's annual conference would take place on Thursday, 6 October 2016 at Trinity Park, Ipswich. The topic would be suicide prevention.
- c) that the next Board meeting would take place on Thursday 17 November 2016 in Endeavour House, Ipswich.

The meeting closed at 11:59 am.

Chairman

*After the close of the meeting Workplace Health Charter certificates were presented to representatives of Babergh and Mid Suffolk District Councils; Forest Heath District and St Edmundsbury Borough Councils; Great Yarmouth & Waveney CCG; Ipswich & East and West Suffolk CCGs; Ipswich Borough Council; Ipswich Hospital; Norfolk and Suffolk Foundation Trust; Suffolk Coastal and Waveney District Councils; and Suffolk County Council.*

