

Briefing for Suffolk Health Overview and Scrutiny Committee

19th January 2017

Great Yarmouth and Waveney Clinical Commissioning Group's (GYWCCG) to Delivering Services the Norfolk and Waveney CAMHS Transformation Plan

1. Introduction

The original Norfolk and Waveney Children and Adolescent Mental Health Services Local Transformation Plan (CAMHS LTP) was assured by NHS England in October 2015. In October 2016, all Clinical Commissioning Groups were required to refresh their CAMHS LTP. Below is an update on the refreshed CAMHS LTP.

2. Developments

The Norfolk and Waveney original LTP agreed eight recurrent developments. Of these, two are complete and fully operational, four are in detailed contract negotiations with providers and two are in the service design stage. A brief update is set out below: – please note figures quoted are Norfolk and Waveney wide in line with the LTP:

CAMHS Eating Disorders increased specialist capacity. The specialist provider Norfolk and Suffolk Foundation NHS Trust (NSFT) has recruited to 11 new clinical posts (including psychologists, nurse therapists, other therapists and support posts).

Point 1 increased capacity. Point 1, the countywide targeted CAMH Service, has recruited to six new posts and this service will now also cover the Waveney area.

Link work function for schools and universal settings. This is in the final stages of contract negotiation. The function will provide advice, support and training to help ensure schools and universal settings are well equipped to meet the mental health needs of children and know when and how to ask for help from our targeted and specialist CAMHS teams.

Online developments. This funding will enable core CAMHS to offer some online therapy to clients/patients and to introduce online and 'app' based self-help materials.

Increased CAMHS support for children and young people affected by domestic abuse and sexually harmful behaviours. Options and recommendations were put to CCGs in September, with enhanced provision likely to 'go live' in 2017.

Extended opening hours of NSFT CAMHS - Extended opening hours are due to be introduced during the latter part of 2016/17.

Crisis Pathways increased capacity. Recurrent funding to boost specialist capacity to assess and provide intensive support for the most vulnerable clients/patients in crisis. The capacity will also provide training and advice to 'first responders' (Ambulance, Police, Hospitals and Social Care staff) so they are better equipped to manage such cases. Currently in the final stages of contract negotiations.

3. Challenges and opportunities for the refreshed LTP to address

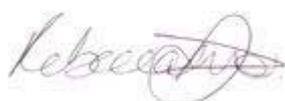
The eight new recurrent service developments, when fully implemented, will provide welcome additional capacity and will in part 'transform' provision, particularly for children and young people in crisis. However, there are a number of specific issues that the refreshed LTP will seek to address, including:

- Fragmented, hard to access and navigate pathways and system for children, families, and partner organisations
- Potential joint commissioning opportunities to deliver more cost effective, integrated provision not maximised

4. Proposed priorities for the refreshed LTP to address over the next two years

It is proposed that the following two high level strategic priorities are pursued, with appropriate direction and support provided by the arrangements being put in place to deliver the Norfolk and Waveney Sustainability and Transformation Plan (STP), which is operating to the same planning footprint as the LTP, across Norfolk and Waveney CCGs:

- To ensure all eight LTP recurrent service developments are fully implemented and operational
- To undertake a re-design of the system for children and young people with mental health needs over the next two years to maximise the opportunities for integrated pathways and economies of scale



Rebecca Driver
Director of Commissioning and Engagement
NHS Great Yarmouth and Waveney CCG