

Learning disabilities services

Suggested approach from Maureen Orr, Democratic Support and Scrutiny Team Manager

A report on progress with the implementation of the Transforming Care Programme for people with learning disabilities and / or autism in Great Yarmouth and Waveney.

1. Background

- 1.1 On 22 January 2016 Great Yarmouth and Waveney Joint Health Scrutiny Committee decided to add Learning Disabilities Services to its forward work programme. The CCG was and is in the process of implementing the national Transforming Care Programme for people with learning disabilities and autism, which evolved following publication of the Winterbourne View report in December 2012.

2. Purpose of today's meeting

- 2.1 Great Yarmouth and Waveney CCG has been invited to update the Joint Committee on progress with the Transforming Care Programme as it affects people with learning disabilities and /or autism in the Great Yarmouth and Waveney area.

The CCG's report is attached at **Appendix A** and representatives will attend to answer Members' questions.

3. Suggested approach

- 3.1 After the CCG representatives have presented their report, Members may wish to focus on the following areas:-
- (a) How are patients and carers involved in the planning for a move from hospital to community based support?
 - (b) Are there enough local community placements to manage people with challenging behaviours? If not, what can be done to address the situation?
 - (c) Does the Programme have the necessary resources to deliver the changes expected?

(d) Is the CCG assured that there is adequate local access to inpatient assessment and treatment for patients who need them now and in the future?



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Briefing for Great Yarmouth and Waveney Health Scrutiny Committee: Transforming Care Programme

In May 2011 the BBC Panorama programme highlighted serious abuse at Winterbourne View Hospital for people with learning disabilities. Subsequent criminal investigations saw members of staff prosecuted and six received prison sentences.

This led to the Department of Health review and publication of their final report entitled “**Transforming Care: A national response to Winterbourne View Hospital**” in December 2012. This provided recommendations to health and local authority commissioners to work together to transform care and support for people with a learning disability and/or autism – who also have a mental health condition or behaviours viewed as challenging.

Some of the key actions were:

- 1) Review of all people in hospital placements by 1 June 2013
- 2) Of those who are inappropriately placed in hospital they will be moved to community based support no later than 1 June 2014
- 3) By April 2014 there will be joint plans in place for each area between health and social care.

October 2015 saw the publication of: **Building the Right Support – a national plan to develop community services and close inpatient facilities** (NHS England, LGA, ADASS, 2015). The expectation being that the Transforming Care Partnerships would develop plans that would see the delivery of the above over a three year period between 2016/2019.

The CCG is a partner in the Norfolk and Waveney Transforming Care Partnership with the remaining four Norfolk CCG’s. This was formed in December 2015 the Transforming Care Plan was developed.

The plan describes how the transformation of learning disability services locally in Norfolk and Waveney will be implemented and it also demonstrates the implementation of the national service model including alignment to the Transforming Care principles and expectations starting with the national planning assumptions set out in **Building the Right Support**. These planning assumptions are that no area could need more inpatient capacity than is necessary at any one time to cater to¹:

- 10-15 inpatients in CCG-commissioned beds (such as those in assessment and treatment units) per million population
- 20-25 inpatients in NHS England-commissioned beds (such as those in low-, medium- or high-secure units) per million population

¹The rates per population will be based on GP registered population aged 18 and over as at 2014/15

The planning assumptions described what local commissioners need to use as we enter into a detailed process of planning. Local planning needs are both challenging and creative but are intentionally ambitious based on a strong local understanding of the needs and aspirations of people with a learning disability and/or autism, their families and carers, and on expert advice from clinicians, providers and others. In Norfolk and Waveney we are working towards a model of care that uses fewer inpatient beds both in NHS settings and those in the private care sector. We will go further still to support people in out of hospital settings above and beyond these initial planning assumptions.

There is a Transforming Care Implementation Steering Group which meets monthly to monitor and review the work plan which has been developed out of the Transforming Care Plan. Under this lies a series of work streams to ensure that the actions are delivered.

NHS England has a robust process in place with regards to how the decision is made as to whether or not an individual requires a placement in an inpatient service. And for those who require inpatient services the monitoring and review continues during their period of admission.

There is reporting required by each CCG on a weekly and monthly basis. NHS England require a narrative template on each individual who forms part of the Transforming Care cohort (that is are in an inpatient bed) and their progress and plans for discharge. And NHS Improvement (previously the HSCIC) require submissions to a national data base to be added or amended on a monthly basis.

The current patient figures for NHS GYW CCG are:

CCG funded patients:

Three adults in assessment and treatment services

Three adults in private hospital

NHS England Specialised Commissioning funded patients:

Three adults in medium secure services

One adult in low secure service

One child in CAMHS LD low secure service

All of the 11 above are detained under a Section of the Mental Health Act

The CCG has also been involved with Norfolk and Suffolk Foundation Trust to redesign the Children's and Adults Learning Disabilities service in Waveney. Over the last 18 months inpatient beds have been decommissioned at both 6 and 7 Airey Close, access to an assessment and treatment bed at Walker Close, Ipswich has also been decommissioned but extra assessment and treatment capacity funded at Astley Court on the Little Plumstead Hospital site so that individuals from Great Yarmouth and Waveney have equitable access to this service when required. Additional staff have moved into the Waveney Community Learning Disabilities teams and there is an expectation that they will provide an intensive support function to help prevent admissions and also support discharge.

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